



**flourish**

*Mental Health Action  
In Our Hands Inc.*

# VOICES

Vol. 2, No. 4, May 2017



## **A Reminder: Flourish's Postal Address Has Changed**

Flourish has changed its postal address. All mail now goes to PO Box 4836, Bathurst Street Post Office, Hobart, 7000. All mail delivered to the previous address at Sandy Bay is being redirected until 3 July. (Image: altnet.com)

## **Flourish Training Day A Success**

Last Month, Flourish held a training day for Consumer Representative Service (CRS) consultants. The specialised training enables CRS consultants to sit on Department of Health and Human Services (DHHS) employee selection panels. The training was conducted by a DHHS representative with Flourish's Hermione as organiser. Flourish used one of the training rooms adjacent to the office, which the Real Estate Institute of Tasmania (REIT) own, and for which Flourish is grateful for allowing their use.

## **NDIS Mental Health Network Update**

Mental Health Australia (MHA) believes that while the NDIS has great potential to improve the lives of people with psychosocial disability, there are issues that have emerged, including:

- barriers to entry created by the access criteria for people with psychosocial disability
- the emerging gap in psychosocial services for people who are not eligible for the NDIS
- the current lack of support and resources for mainstream services to assist consumers to access the scheme
- that the planning process for NDIS participants with psychosocial disability does not yet reflect best practice.

MHA's submission can be found on the Mental Health Australia website ([please click here](#)).

## A Tasmanian Charter Of Human Rights

The 2018 Tasmanian election will mark 10 years since the Tasmanian Law Reform Institute (TLRI) recommended that Tasmania have a Human Rights Act. The TLRI found the current protection of human rights in Tasmania is “partial, disconnected and inaccessible”, and that Tasmania needed a Human Rights Act to enhance people’s level of rights protection. Tasmania’s politicians and political parties are being asked to take a Human Rights Act to the election as a part of their policies. A Human Rights Act would: Set out succinctly, in one place, the rights necessary to ensure all people live with dignity and security; Provide recognised standards for how the government and public servants conduct themselves in dealing with Tasmanians; and protect the interests of vulnerable Tasmanians.

As at 12 February 2017, the following organisations support the petition for a Tasmanian Human Rights Act:

- Civil Liberties Australia - Tasmanian Division
- Tasmanian Council of Social Service
- Anglicare Tasmania
- Australian Lawyers for Human Rights
- Tasmanian Disability Education Reform Lobby
- Hobart Community Legal Service
- Australian Lawyers Alliance

For further information or to sign the petition, go to: [www.tashumanrightsact.org](http://www.tashumanrightsact.org)

Source: R. Griggs

## The 2017 IDAHOT Breakfast And Dorothies Awards



Working It Out warmly invites you and your colleagues, friends, families, and service user,s to attend our annual IDAHOT Breakfast and The Dorothies Awards.

The venue is the Hobart Function and Conference Centre on the Elizabeth St Pier. The event will be between 7:00 - 8:30 am on May 17.

This year the Dorothies Awards are being awarded for inclusive practice in mental health care. Guest speakers will be Georgie Harman, CEO of Beyondblue, and Sarah Bolt, the Tasmanian Anti-Discrimination Commissioner. For more information and ticket sales please use the link below.

Eventbrite: <https://www.eventbrite.com.au/e/2017-idahot-breakfast-and-the-dorothies-hobart-tickets-33689633601>

## Thank you

Just about every day of every week, somewhere around the state, there is a person, a community organisation, a government department, or a politician, who in some way helps Flourish via donations, access to facilities and/or vehicles, or in some other way. Flourish is always grateful for this assistance, and while Flourish acknowledges this assistance, not everyone is aware of it, so once more it is time to publicly thank our supporters.

Department of Health and Human Services (DHHS)	Partners in Recovery (PIR)
Mental Health Alcohol and Drug Directorate (MHADD)	Anglicare Tasmania
Richmond Fellowship Tasmania (RFT)	University of Tasmania (UTAS)
Mental Health and State-wide Services (MHSS)	Colony 47
Mental Health Council of Tasmania (MHCT)	Eureka Clubhouse
Tasmanian Suicide Prevention Network (TSPN)	
Michael Ferguson, MP	Rebecca White, MP
Rosalie Woodruff, MP	Senator Catryna Bilyk

## Comments And Submissions

Feedback is always welcome. This can be done via SharePoint, e-mail, phone, or mail. Newsletter content does not necessarily reflect the views of the Flourish Board or staff. Flourish is not responsible for, and refutes all liability for, damages of any kind arising out of use, reference to, or reliance on any information contained within the newsletter. There is no guarantee the information provided in the newsletter is correct, complete, or up-to-date. Although links may be provided to Internet resources, including websites, Flourish is not responsible for the accuracy or content of information contained in these sites.

### Newsletter guidelines

Submissions should be neatly written or typed articles. A maximum of 500 words per story applies. More than one article per person is welcome, but dependent on space and other restrictions, publication is at the editor's discretion. The editor reserves the right to edit spelling, punctuation, and if needed, grammar. Contributors may be anonymous, use only their first name, or use their full name. If reporting on Flourish project/policy committee involvement, it is the responsibility of the author to check with the relevant organisation and/or the Flourish CEO, to ensure confidentiality is not being breached.

**Deadline for submissions for Vol. 2 No. 5 June 2017 is Friday 26 May**

## **Flourish Membership**

Membership of Flourish is free and open to all Tasmanian's who have a lived experience of mental illness and/or have experience in and an understanding of mental health issues. Being a member of Flourish can provide you with information about mental health through our newsletter, website, and forums where people with an interest in mental health can meet and share their experiences and ideas. Flourish has four Regional Advisory Groups in the North West, the West Coast, the North, and the South, which provide a forum for consumers to have input into the way mental health services are delivered. To apply for membership, complete the attached form, and agree to the Flourish Code of Conduct. If you would like to discuss Flourish membership in more detail, please phone our office on 03 6223 1952 or email [admin@flourishtas.org.au](mailto:admin@flourishtas.org.au)

## **Flourish Code of Conduct**

The Code of Conduct guides Flourish members. The term 'member' refers to employees, Board members, volunteers, Regional Advisory Group members, and work-experience students of Flourish. Flourish seeks best practice in management and governance. Flourish expects a high standard of behaviour from members and there is an expectation that members will conduct themselves in a professional manner. This code underpins other policies, e.g., Anti-Discrimination Act. The following principles form the Code of Conduct:

Members work in a professional manner, adhering to relevant professional and organization codes' of ethics and working with respect, fairness and integrity at all times.

Workplace Health and Safety and the Anti- Discrimination Act are adhered to.

Flourish policy and procedures are adhered to, such as Anti-Discrimination and Harassment, Complaints, Privacy and Confidentiality.

Members are respectful of colleagues and work to resolve conflict in an appropriate manner.

Members conduct themselves professionally at all times and do not act in a manner that might jeopardise the safety of others or themselves or bring the name of Flourish into disrepute.

Members show due care when using all assets and property belonging to Flourish.

Members are aware of diversity in the workplace and are respectful of others.

Members are aware of harassment and bullying issues, discrimination and sexual harassment.

The Code of Conduct mandates the need for appropriate working relationships and the resolution of conflict in a safe and respectful manner. Where conflict is not resolvable members should refer to the Grievance Policy or the Bullying and Harassment policy.

I understand and agree to abide by the Flourish Code of Conduct.

Member's name:

Signature:

Date:

## Flourish Membership Application Form

First Name:

Last Name:

Gender (circle): Male / Female / Other

Age (circle): 18-25, 26-35, 36-45, 46-55, 56-65, 66+

Address:

Phone:

Mobile:

Email:

Preferred method of contact:

Do you have any special needs, e.g. mobility?

I agree to Flourish disclosing my contact details to other members for the purposes of contacting me about relevant matters. YES / NO

By signing this application for membership, you have read and agree to abide by the Flourish Code of Conduct

Signature of applicant:

OFFICE USE ONLY

Application processed (date)

Information on register (date)

Letter sent to applicant (date)