



Flourish Inc. Position Description

Recovery Peer Worker

Title:	Recovery Peer Worker, Flourish (Ref. FL2020-02)
Hours:	5 hours per week
Status:	Part time
Probation:	None
Duration:	1 April (or ASAP) to 31 August 2021 (5 months)
Location:	LAUNCESTON (office space in Perth)
Responsible to:	Consumer Representative Service Coordinator
Salary:	<i>Social, Community, Home Care and Disability Services Industry Award 2010 Level 3, point 1</i>

About Flourish

Flourish Mental Health Action In Our Hands Inc. ('Flourish') is Flourish is Tasmania's peak body for mental health consumers. Flourish is a member-based, independent not-for-profit organisation that works with and for people with personal lived experience of mental illness.

Flourish works with consumers, the state mental health system, mental health service providers and the community to ensure that mental health consumers are represented in the planning and delivery of Tasmanian mental health services, and to counter the sense of marginalisation, discrimination, and isolation often experienced by mental health consumers.

Many Flourish staff have lived experience of mental ill-health and recovery. Flourish actively seeks to recruit its staff from its lived experience membership base and, in line with emerging national practices around the Mental Health Lived Experience workforce, considers personal lived experience of mental illness and recovery to be 'expertise by experience'.

Role: Recovery Peer Worker

This role is funded by a grant from the Tasmanian Government's COVID-19 Recovery Fund. Flourish's Recovery Peer Worker will:

- Work with Flourish Members to support their re-engagement with Flourish's activities and volunteer program;
- Create and deliver an expanded range of social and other supports to Flourish members to increase their engagement with Flourish and to strengthen informal support networks, supporting the mental health and wellbeing of Members, and enabling their participation in meaningful life work;
- Support Flourish staff to deliver services to existing Members and to engage with new and intending Flourish Members;
- Help Flourish Members to navigate services provided by Flourish and other mental health providers
- Perform a range of other duties as required.

There are two Recovery Peer Workers who will work collaboratively to deliver the aims of the role.

Key Contacts

Recovery Peer Workers **report to** Flourish's Consumer Representative Service Coordinator.

The Recovery Peer Worker will **work with**:

- Flourish Members
- Flourish staff (paid and unpaid), and
- Tasmanian mental health consumers.

There may also be liaison with state mental health services, other mental health providers, and the community, as required.

Recovery Peer Workers will be **supported in their roles by** Flourish's Senior Peer. The Senior Peer is not a 'manager', but provides non-clinical practice supervision to Flourish's lived experience workers as part of a broader lived experience framework that supports all of Flourish's lived experience roles.

Key Tasks

- Provide support to Members to re-engage with volunteer roles across the organisation.
- Provide assistance and encouragement for Members to participate in Flourish-run activities that support increased social and community connection.
- Work with other mental health consumers to explain the role of Flourish, and encourage membership where appropriate
- Model recovery from mental ill-health, thereby provide support and hope to others who are experiencing mental ill-health
- Other duties to support the work of Flourish, as required.

Other Conditions/Requirements:

- Must have Drivers' Licence and own vehicle. Work travel costs will be reimbursed according to Flourish Peer Worker Travel Policy
- Adherence to Flourish Code of Conduct and other Flourish policies and procedures
- Provision of an up-to-date National Police Check
- Provision of a Working with Vulnerable People card

From time to time, professional development and training opportunities will arise. All Flourish staff are encouraged and supported to undertake ongoing professional development.

Selection Criteria

Essential:

1. Personal lived experience of mental illness and recovery.
2. Ability to reflect intentionally and thoughtfully upon one's personal lived experience of mental ill-health, understanding which elements are individual, and which may be common to many people
3. Empathic, trauma-informed attitude and practices
4. Be able to work with autonomy and independence, reporting back regularly so progress can be monitored.
5. Demonstrated team skills.

6. Well-developed verbal and written communication skills

Desirable:

7. Qualifications in or professional experience of peer work OR qualifications / experience in a related field, plus personal lived experience of mental ill-health and recovery
8. Experience in community engagement and relationship-building.
9. Knowledge of the mental health system in Tasmania.

Contact Us

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Role specific:

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www.flourishtas.org.au



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Approved By: Chief Executive Officer	PD Contact/Manager: Tash Smyth

REVISION HISTORY			
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